

Fe

IRON

ADVANCED IRON FORMULA:

Iron (bis-glycinate chelate)

Vitamin C

Vitamin B-6

Vitamin B-12

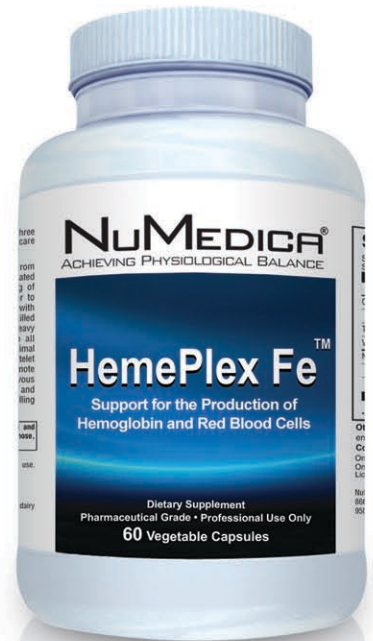
Folate

HemePlex Fe™

COMPREHENSIVE SUPPORT FOR THE PRODUCTION OF
HEALTHY HEMOGLOBIN AND RED BLOOD CELLS

HemePlex Fe™ is an advanced comprehensive iron formula supplying key nutrients to assist the body's production of hemoglobin and healthy red blood cells.

HemePlex Fe™ features Ferrochel®, Albion's patented iron bis-glycinate chelate. Ferrochel® is a well tolerated, non-constipating iron that is much more highly absorbable than other forms of iron commonly used in dietary supplements.



NuMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE

HemePlex Fe™

COMPREHENSIVE SUPPORT FOR THE PRODUCTION OF HEALTHY HEMOGLOBIN AND RED BLOOD CELLS

Vitamin B6 Pyridoxine

Needed for protein metabolism and absorption, carbohydrate metabolism. Helps form red blood cells. Promotes nerve and brain function.

Deficiency: Anemia, irritability, patches of itchy, scaling skin; convulsions.

Vitamin B12 Methylcobalamin

Builds genetic material. Helps form red blood cells.

Deficiency: Pernicious anemia; nerve damage.

Folic Acid

Essential for the manufacture of genetic material as well as protein metabolism and red blood cell formation.

Deficiency: Impaired cell division; anemia; diarrhea; gastrointestinal upsets.

Vitamin C

Antioxidant. Helps bind cells together and strengthens blood vessel walls. Helps maintain healthy gums. Aids in the absorption of iron.

Deficiency: Muscle weakness, bleeding gums; easy bruising. In extreme cases, scurvy.

Iron

Essential for making hemoglobin, the red substance in blood that carries oxygen to body cells.

Deficiency: Skin pallor; weakness; fatigue; headaches; shortness of breath (all signs of iron-deficiency anemia)

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount	%DV*
Vitamin C (as calcium ascorbate)	100 mg	167%
Iron (Ferrochel® ferrous bis-glycinate chelate)	29 mg	161%
Thiamin (as thiamin HCl)	5 mg	333%
Vitamin B6 (pyridoxal-5'-phosphate)	10 mg	250%
Folate (as folic acid and 5-formal tetrahydrofolate)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	800 mcg	13333%

* Percent Daily Values based on a 2,000 calorie diet.

Other ingredients: HPMC (vegetable capsule), MCC (microcrystalline cellulose) and rice flour.

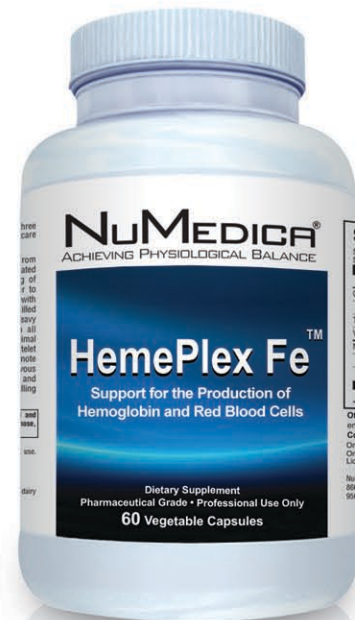
This Formula Meets or Exceeds cGMP Quality Standards.



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